

Your Cursillo Weekend

What to Bring ---

- Toiletries: soap, shampoo, toothbrush/toothpaste, hairbrush, floss, etc
- Pillow & Light Blanket (blanket is optional)
- Flashlight
- Umbrella
- Ear Plugs or Noise Machine
- Sleepwear
- Comfortable Clothing (season adjusted) with slightly nicer clothing for Sunday. Retreat Centers tend to be rather rustic.
- Comfortable Shoes/Socks
- Sweater or light Jacket
- Chair Cushion and/or Back Support (if required)
- All Required Daily Medications; also bring OTC Meds Frequently Need for Overnight Stays.
- Sleep Apnea Machine (if required)
- Extension Cord

Things not to Bring

- Radio, TV, CD Player or Pagers
- All Buildings are Smoke Free, but Smoking is Permitted Outdoors

Other Things

- Evening Meal and Transportation will be Arranged by Your Sponsor